



Junior Sailing Program
2019

Summer is just around the corner! In preparation for another terrific season of sailing, Commodore Alex Thorne, the Sailing Committee and Katherine Lee, Head of Junior Sailing, have been hard at work readying the Tarratine program. As in years past, we have received a commitment for wonderful weather and an action packed sailing program.

SAILING INSTRUCTORS

We are thrilled that **KATHERINE LEE** is returning once again as Head of Junior Sailing. As everyone knows, Katherine has been the linchpin of the Junior Sailing program for the last six seasons, and we look forward to another great season under her leadership.



KATHERINE LEE

Katherine has been working for TYC for last nine summers. She is the Director of Student Services at Two Roads Academy which is a therapeutic outdoor based school for special needs students. She is also pursuing her Doctorate full-time in Educational Leadership and Public Studies at the University of Vermont. Katherine currently lives in Burlington, Vermont with her rescue cat (Dexter) and rescue dog (Rory).



LOWELL REEVE

Lowell will be returning for another summer with TYC to oversee the racing in the junior program and run Race Committee for the Dark Harbor 20s and Herreshoff 12.5s series. He grew up racing with Manchester Sailing Association in Massachusetts. Lowell currently spends his “off season” in Taos, New Mexico where he enjoys teaching high school math and science, skiing, mountain biking, and white water rafting.



ALLISON CHENARD

Allison is returning for another summer at TYC as well. Allison will lead the the sailing and racing curriculum on and off the water and will help with the digital marketing which was so popular last season. She is a native of Charlotte, North Carolina and is currently a student at University of Georgia where she is the Race Team Captain of the Sailing Team and media director for college sailing in the south east.



HARRY TOWER

Harry will be here for another summer at TYC as well. Harry will help will 420, Opti and Turnabout instruction. Harry just finished his freshman year at the University of Virginia and is currently studying commerce while enjoying being a national champion basketball school. Wahoowa!



BEN DREZNER

We are pleased to announce that our own Benjamin Drezner will be a Senior Instructor this summer. He will be helping with 420s, Optis and Turnabouts instruction. Benjamin just finished his senior year and will be attending St. Lawrence University in the fall. He is hoping to play Lacrosse and Club Hockey in college.



JENNY CAHALAN

Jenny is from Austin, TX and is graduating with a degree in Engineering from the University of Georgia in May. At Georgia, she is a member of the UGA Race Team and races keelboats across the southeast. Outside of sailing, she enjoys hiking, biking, and is currently searching for the world's best ice cream. Maybe it's Shane's of Maine from the DHS? We'll see!

JUNIOR INSTRUCTOR PROGRAM

As in prior years, Katherine and the Senior Instructors will be supported each week by a team of Junior Instructors.

Goals of the **Junior Instructor** program:

1 to work with the Head of Junior Sailing and the Senior Instructors to providing a **safe, enjoyable** and **educational** experience for our younger sailors

2 to position our Junior Instructors to become **Senior Instructors** as they continue to grow and develop their sailing and racing skills

We are fortunate to have a group of experienced Junior Instructors returning to the program, along with some terrific up-and-coming sailors who are just transitioning into the Junior Instructor role. Similar to last year, the Junior Instructors will **teach in the morning** and are **required to participate in the afternoon 420 racing program** to improve their advanced boat handling and racing skills.





IRINELU "IRINA" BANTAS

In addition, we are fortunate that long-time TYC employee Irinelu (Irina) Bantas will once again oversee the morning check-in process to help smooth arrivals and allow Katherine and her team to focus on rigging and launching the boats.

NOTE:

All Junior Sailors must check-in with Irina as soon as they arrive on the dock in the morning. She will log participation and ensure that the required swim test and medical forms are completed. **Medical forms and Swim test are required before any instruction is provided.** All forms are to be filled out by **June 21st** via the Google Form linked later on in this letter.

SAILING COMMITTEE

As in prior years, the Sailing Committee will work closely with Katherine and her team to provide support and assistance. In an effort to keep the sailing staff focused on instruction, the Sailing Committee has divvied-up responsibilities so Katherine and her team are not so consumed with the organizational tasks that have taken-up so much time in prior years. To the extent anyone would like to discuss any aspect of the junior sailing program, please contact one of the appropriate committee members. Constructive feedback is highly encouraged.



TODD CONKLIN

Sailing Committee Chair



MOLLY LADD

Junior Racing
Race Committee Chair



ALEXANDRA ALLEN



CHRIS ALLEN

Fleet Captain

BENTLEY DREZNER



JUNIOR SAILING PROGRAM OVERVIEW

The Junior Sailing Program emphasizes race training and also offers recreational sailing instruction. Whether your junior sailor is interested in competitive racing or simply enjoying a pleasant morning out on the water, there is a place for everyone in the Junior Sailing Program!

MORNING INSTRUCTION

The morning instructional program is designed around two-week curricular units, starting each Monday. The program begins June 24th and runs through August 16th. Morning instruction occurs Monday, Tuesday, Thursday, and Friday. Club Series racing will be offered on Friday morning for those who are interested. Parents are requested to register their sailors in advance for two-week periods.

0930 - 1200
Mon, Tues, Thurs, Fri

TURNABOUTS



Morning Turnabouts are for children (ages 7+) who are new to sailing, and young sailors who are still learning the basics.

Turnabout sailors will learn the parts of the boat, basic knots, steering and points of sail. Getting comfortable in the boat and on the water through fun and safe activities is the goal here!

Morning Turnabouts also includes the Tuesday and Friday Club Series Races.

OPTIS



All levels of Opti sailors are welcome in this class, which will be divided into two groups based on overall skill level and interest.

Sailors just starting out in Optis will review what they learned in Turnabouts, and will concentrate on the fundamentals of steering, sail trim and righting a capsized boat.

More experienced Opti sailors will focus on advanced boat handling, refining their skills in all conditions and racing skills. Sailors typically will advance from one group to the next based on the recommendation of their instructors and will generally remain in Optis until they are physically ready to sail in 420s.

Regardless of experience, everyone is invited to compete in the Tuesday and Friday Club Series Races.

AFTERNOON INSTRUCTION

1330 - 1600

Mon, Tues, Wed, Thurs

NOTE: ALL 420 PROGRAMS HAVE MOVED TO AFTERNOON

The 420 program is open to sailors 12+ (students under 12 will need permission from Katherine Lee, Head of Junior Sailing, to participate). At the beginning of the summer, students will be temporarily sorted into intermediate and advanced classes and will have the opportunity each week to race each other for a chance at joining the advanced class. Intermediate sailors need only finish ahead of one advanced boat to move up into the advanced program, and advanced boats are never demoted.

The goal of having a continuous challenge system is to bridge the gap between intermediate and advanced sailors in a fun and unintimidating way. By the end of the summer we want to be one advanced fleet, and we'll get there together!

The **intermediate fleet** will begin focusing on sprucing up rigging skills, fine tuning crewing and skippering, reviewing proper sail trim, and building seamanship. Beginning racing concepts will be introduced with the goal of training to beat out an advanced boat in the weekly races.

The **advanced fleet** will be focused on upper level race training to push each sailor to their maximum potential, and (in the case of the Junior Instructors) improve their instructional proficiency. The program is designed to prepare sailors to compete in regattas both at the Tarratine Club and at travel locations.

Advanced 420 sailors who are also Junior Instructors are expected to race in the inter club regattas and strongly encouraged (but not required) to participate at least once per week in Herreshoff 12.5 and Dark Harbor 20 racing, as well as the scheduled inter-club regattas.



INTER-CLUB REGATTAS

In addition, we have scheduled five inter-club regattas with other clubs in the greater Penobscot Bay area, and we look forward to having our more advanced junior sailors represent the club in these competitions.

JULY 3

@ TYC

against

Kollegewidgwok Yacht Club
(Blue Hill)

1100 - 1600

JULY 17-18

@ Camden Yacht Club

USA Junior Olympic Festival
(Northeast Youth
Championship)

0900 - 1600

JULY 24

@ TYC

against

Camden Yacht Club

1100 - 1600

JULY 31

@ TYC

against

North Haven Casino

1100 - 1600

*This schedule is subject to change. These dates and times are preliminary and will be updated as needed.

AUGUST 14

@ Big Tree Boating

against

Big Tree Boating

1100 - 1600



ACTIVITY DAYS

4th of July	Friday, July 5
Parent / Child Turnabout Race	Monday, July 8
Pirate Week	July 8 - July 12
Junior Triathlon	Tuesday, July 16
Cookie Contest	Friday, July 19
TYC Olympics	Friday, July 26
Alumni Regatta	Wednesday, July 31
Build Your Own Boat	Friday, August 2
Wacky Outfit Day	Friday, August 9
Family Picnic / Scavenger Hunt	Friday, August 16

*This schedule is subject to change.



BE AWARE OF OUR...

SWIM TEST POLICY

Every sailor is **required** to complete a swim test before they can begin sailing. Please see Iriana during morning check-in to confirm that your junior sailor has **met the swim test requirement**.



LIFEJACKET POLICY

Personal Flotation Devices (PFDs) must be worn **at all times** by all instructors and participants. From time to time, sailors are permitted to remove their PFD to swim with staff supervision. If you prefer that your child wear their PFD during swimming, please inform Katherine Lee, Head of Junior Sailing.



READY TO SIGN UP?

Pre-registration is required and must be completed at the following link no later than **June 21**

online registration form:
[click here](#)

You need not submit anything beyond this form and can edit after its completion if any medical information changes.
Please submit one form per child you're registering.
This online form replaces the paper form utilized historically.

Any questions regarding this form or the junior sailing program can be directed toward Katherine Lee, Head of Junior Sailing.

Please contact her at

TYCSailingME@gmail.com or **katslee07@gmail.com**.

